

Patient Instructions

Name of Patient:

Carol Black
age 54

Description of the patient & instructions to simulator:

Please listen to the recording to hear a version of the patient's role.

You returned from Dubai yesterday. Lump behind ear 1 day. Noticed sore lump in right neck yesterday.

Weight steady. No fever.

Breathless on occasions when stressed, off and on for years. No chest pain no awareness of heart beat. Able to get around without breathlessness.

No periods since had hysterectomy

PSO

You work as a bank nurse in the local hospital.

Dad multiple health problems, now in full time care. You had been his carer until 3 months ago.

Smokes 10-15 and day. Little alcohol. No time for hobbies. Used to like sewing.

You live alone. Your partner died 9 years ago. No steady relationship. You've had no time to yourself until dad went into care 3 months ago.

Past Medical History:

Vaginal hysterectomy for menorrhagia September 2001

Death of partner January 2006 Sarcoidosis

Depression April 2006

DH: levothyroxine 50 ug od

HRT stopped 2 months ago

Allergies: none recorded

First line and history

It's just I flew back from Dubai yesterday, last night I discovered a lump in my neck and obviously panicked thinking "blood clot" but I don't know if this is relevant but on Wednesday night when I was in Dubai I got a lump on the back of my head, I haven't banged it or anything and it is really really sore. It is still sore but this lump I thought oh God... I never spotted it until last night and I only got back from Dubai at 11.20 yesterday morning.

Ideas – that this might be blood clot

Concerns – nothing else really. Perhaps a background worry about cancer. But you would only mention this if the doctor forms a good relationship with you.

Expectation – reassurance